



Good Super Market Guide

Fonroque Epicerie

A small corner shop that has the basics, including beer and wine, cheeses, cold meats and ice creams. She also supplies gas bottles. Open long hours, including Sunday, Madame de Silva provides excellent service and we are keen to support her.

Fonroque Boulangerie

Open every day from 7.30am to 1pm (except Wednesdays), then mid afternoons.

Phillippe is ranked as one of the best boulangers in the Dordogne, and we regard ourselves very lucky to have him. His croissants, pain au chocolats and pastries are to die for. He also does viennoise (cream pastries), together with a good range of breads. A morning stroll there and back via the springs there and back are a big favourite of guests.

It would help his planning enormously if you are able to tell him in advance of any large orders. Phillippe is not open Wednesdays, when the Epicerie offers the basics (croissants, baguettes etc).

Casino

Boulevard National, Eymet (5 mins drive)

A medium-sized supermarket that has all of the staples, including a reasonable selection of wines and beers. They also have other non-food items, such as basic clothes, stationery, pool toys etc. Handy but expensive. Don't get caught out by the late afternoon start.

Directions: Head into Eymet. After a junction with 'L'Aquitaine Bar' on the right, the road widens to include a long car parking area on the left. Casino dominates the first section of this car park, just beyond a small parade of shops.

Spa

Rue de Temple, Eymet

A mini-market with long opening hours. Convenient, but not the place for a big shop.

Intermarche

St Pardoux d'Isaac, Miramont (15 minute drive)

Our favourite - well-stocked and probably the best prices across the board, but without being so large that you are exhausted getting from the door to the tills. Don't miss the International aisle if you are missing your marmite or peanut butter.

Directions: As you approach Miramont from the north you pass a balconied Routier hotel on your right. Just beyond there is a significant junction with a road joining from the left (at eight o'clock if you approach from 6). Signposted with ad boards to Intermarche, Bricomarche and Roady (DIY and Auto stores co-located on the same industrial estate). Go left here - the car park is set back on the right a few hundred metres on from the junction.

Leclerc

ZA de la Cavaille, Route de Bordeaux, Bergerac (20 minute drive)

Enormous superstore stocked with umpteen varieties of everything. Plenty of non-food items in store too - from car, to home, books, CDs etc. Have regular promotions where items are very cheap. Normal prices are more expensive however. NB they do not give out carrier bags - although you can buy more sturdy plastic shopping bags on the tills.

Co-located on big shopping park with Intersport, as well as clothes, shoe and toy shops, McDonalds. Cheapest fuel in town.

Directions: Head to Bergerac. On the first roundabout (Mercedes on the right) head left to Bordeaux. It is the far side of the next roundabout in the retail park 'La Cavaille'.

Intermarche

Route d'Eymet, Bergerac

As for the St Pardoux branch, with petrol station but without Bricomarche or Roady. Open Sunday morning till 1145hrs.

Directions: head to Bergerac. Go straight over the first roundabout ('Mercedes'). It is 400m on the left.

Notes

Fuel stations

Leclerc and Intermarche's also have petrol stations that are manned during normal shopping hours that take cash, cheques and international credit / debit cards. Out of hours they have pumps that only take French bank cards 24/24 - unfortunately they don't take UK credit or debit cards.

Fresh Milk

The French tend not to be so into fresh milk as the Brits (opting for UHT instead). Fresh milk is available in all of the

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supermarkets listed above - but do be aware that some run out on Saturday afternoons with the big influx of visitors.

Shopping Trolleys

The majority of shopping trolleys require a one euro coin to release a locking mechanism. Many do not have kiddie seats.